



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### Regional Level

## Eva-Rose Fogarty

This is to certify that Eva-Rose Fogarty has performed to a very high standard in Competition Sport Karate throughout 2019 winning the medals and titles listed below:-

### Championship Success - 1 Silver

**Shindo Kai Championships** - 24<sup>th</sup> March, Barnsley

Silver - Individual Kumite

Congratulations on your sporting achievements throughout 2019. Well done Eva-Rose.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.